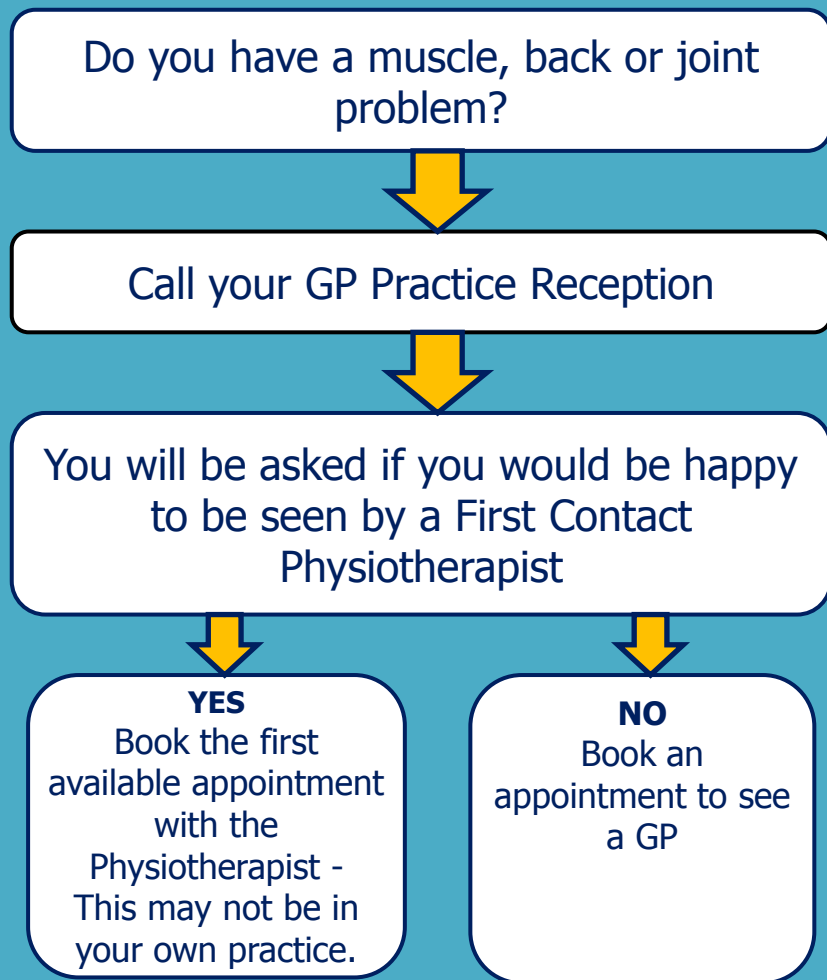


First Contact Physiotherapy

Seeing a Physiotherapist first instead of your GP could be right for you



The Physiotherapist can:

- **Assess You**
and diagnose what's happening
- **Give expert advice**
on how best to manage your condition
- **Refer you on**
for further treatment, investigations or to specialist services if required

